

This Heaven Under our Feet
Working with Nature to Sustain Community
Ecology & Spirituality Seminar

Sunday, May 1, 2011 10:00 a.m. – 12:30 p.m.

Outdoor Activities: 1:30 – 4:00 p.m.

Community Gardening & Native Plant Restoration



Sambodh Center - 6363 N. 24th Street, Kalamazoo, MI 49004

Presentations by Local Experts & Ecological Advocates

- ◆ Tom Small, Ph.D. – Joy and Fullness of Being
- ◆ David Hall – Connecting to Spirit and Community through Gardening
 - ◆ Cybelle Shattuck, M.S. – Healing the Broken Rainbow
 - ◆ Swami Bodhananda – One Web: Life, Ecology, and Spirit

Program Outline:

10:00 a.m. – three consecutive presentations by ecological advocates and local experts

11:30 a.m. – mid-morning snack break with healthy gluten free goodies, herbal tea and coffee – compliments of Bonnie Farmer, Registered Dietician

11:45 a.m. – panel discussion inviting Q&A from the audience.

12:15 p.m. – closing remarks by Swami Bodhananda, Spiritual Director and Founder of Sambodh Society

12:30 p.m. – vegetarian lunch (see registration information below)

1:30 p.m. - outdoor activities: community gardening and native-plant restoration

The Sambodh Center's Ecology and Spirituality Seminar proposes to

Examine the links between humankind's micro-niche & the Macrocosm.

Unfold implications of Thoreau's remark: "Heaven is under our feet as well as over our heads."

And, as Tom Small, WMU Professor Emeritus and ecological advocate, writes,

***Together we'll attempt "to discern what it might be like
to live with and in the earth rather than merely on it"***

Could be Heaven!

Cost: \$25 with Pre-Registration – includes vegetarian lunch

Pre-Registration Deadline: April 27, 2011

On Site Registration: \$25 – lunch not guaranteed

Contact: Ruth @ (269) 327-3774

Register via PayPal on our Website Home page: www.sambodh.us

With your Payment, Please Add the Notation: "for the Ecology and Spirituality Seminar"