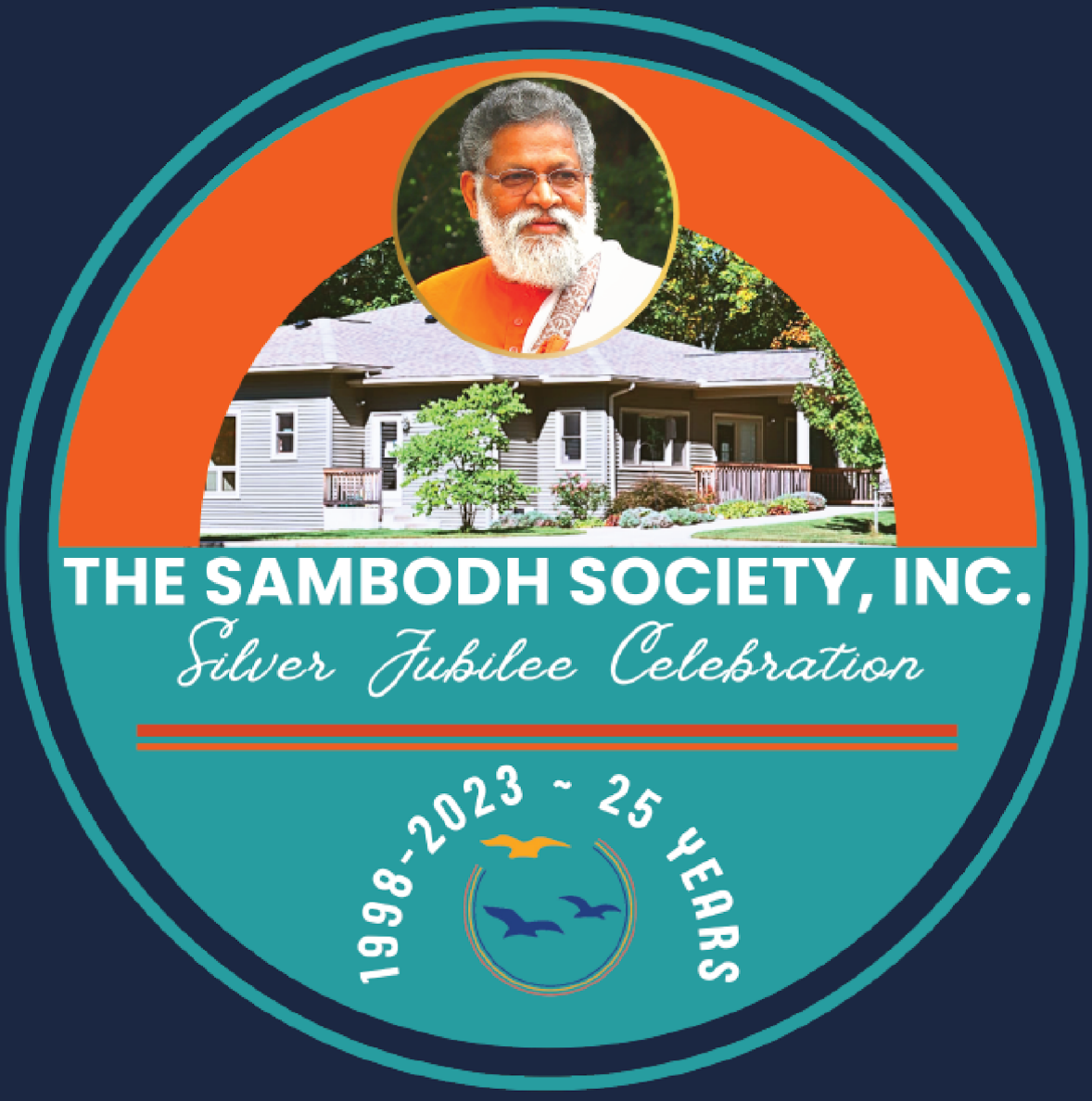
SHIVAM

CELEBRATING 25 YEARS OF THE SAMBODH SOCIETY, INC.



3 DAYS • AUGUST 4-5-6, 2023

PROGRAM

(269) 492-0544
thesambodhsociety@gmail.com
N 24th St., Kalamazoo, MI 49004
sambodh.us

SHIVAM

THURSDAY, 3 AUGUST 2023, 6–7 PM
SATSANG WITH SWAMI BODHANANDA

DINNER FROM 7 TO 8 PM

DAY 1 ● FRIDAY ● 4 AUGUST 2023 ● VEDIC RITUALS
"Connect with Gods and the Organizing Principle of the Universe"

TIME	EVENT
7.30–8.30 AM	BREAKFAST
10:45 AM–1:00 PM	Agni Stāpanam Ganeśa Homa ~ Mahalakshmi Homa Navagraha Homa ~ Dhanvantari Homa Sudarśana Homa
1:00–2:00 pm	LUNCH BREAK
2:00–6:00 PM	Ekadaśa Rudrābhishekam (Rudra Ekadashini) Chaṇdi Homa ~ Purnāhuti ~ Pradakshiṇa Vibhūtigrahaṇa ~ Prasādagrahaṇa ~ Brāhmaṇa Puja/Dakshiṇa
7:00–8:00 PM	CULTURAL PROGRAM
7:00–7:15 PM	Carnatic Vocal Music by Arjun Subramaniam
7:15–7:30 PM	Yoga Demonstration by Ashwini Surpur and Savita Joshi
7:30–7:45 PM	Lecture Demonstration on "Aesthetics of Dance" by Nalini Rau
7:45–7:50 PM	Janani Balaji and Pooja Balaji Performing Mahaganapathy Song in Bharatanatyam classical dance tradition
7:50–8:00 PM	Skit by Avinash Jadhav
8:00 PM	DINNER

DAY 2 ● SATURDAY ● 5 AUGUST 2023 ● SEMINAR "Advaita Vedanta and Contemporary Life Challenges"	
Master of Ceremonies: Damodar Golhar	
7.30–8.30 AM	BREAKFAST
9:00–9:03 AM	Inviting Swami Bodhananda and Prasad Kaipa to the Stage
9:03–9:05 AM	***Light the Lamp and Prayer*** Advait Chaitanya
9:05–9:15 AM	***Presidential address*** Swami Bodhananda
9:15–9:25 AM	***Inaugural Address*** Prasad Kaipa
9:25–9:30 AM	***Honoring Founding Members*** Uma Deperalta ~ Nancy Falk Ruth Small ~ Vivek Subramanian ***Honoring Major Donors*** Geeta and Tilak Agerwala ~ Chitra and A Jeganathan Nigol Koulajian ~ Kamala and Gopal Singh ~ Sharad Dabral Puja and Rajive Chadha ~ Rashmi and Girish Juneja Usha and Rajgopal Narayan ~ Ruth and Tom Small
Session 1 Theme	**AI and the Future of Work and Humans**
9:30–10:15 AM	***Theme Lecture*** Tilak Agerwala, Ph.D. (Pace University & NIAS)
10:15–11:30 AM	***Panel Discussion and Q&A*** Tilak Agerwala ~ Prasad Kaipa Vivek Shekhar ~ Arjun Subramaniam ~ Sreeraj Rajendran
11:30–11:45 AM	TEA BREAK

DAY 2 ● SATURDAY ● 5 AUGUST 2023 ● SEMINAR "Advaita Vedanta and Contemporary Life Challenges"	
Day 2 – Contd.	
Session 2 Theme	**Environment and the Future of Life on the Planet**
11:45 AM–12:30 PM	***Theme Lecture*** David N Karowe, Ph.D. (Western Michigan University)
12:30–1:30 PM	***Panel Discussion and Q&A*** David N Karowe, Ph.D. (Western Michigan University) Cybelle Shattuck, Ph.D. (Western Michigan University) Girish Juneja, MD (West Michigan Pain, MPCP, WMSC)
1:30–3:00 PM	LUNCH BREAK
Session 3 Theme	**Interfaith Dialogue and the Future of Global Peace**
3:00–3:45 PM	***Theme Lecture*** Cindy Visscher, Ph.D. (Western Michigan University)
3:45–5:15 PM	***Panel Discussion and Q&A*** Cindy Visscher, Ph.D. (Western Michigan University) Brian Wilson, Ph.D. (Western Michigan University) Gopal Singh, Ph.D., Ashwini Surpur (Yoga Bharati)
5:15–6:00 PM	***Closing Remarks*** Gaurav Bhatnagar (Co-Creation.Partners in Transformation)

DAY 2 ● SATURDAY ● 5 AUGUST 2023 ● SEMINAR "Advaita Vedanta and Contemporary Life Challenges"	
Day 2 – Contd.	
6:00–6:15 PM	American National Anthem Advait Chaitanya
6:15–7:00 PM	TEA BREAK
7:00–8:00 PM	CULTURAL PROGRAM
7:00–7:30 PM	*Yoga Demonstration* Shriram Sarvotham and Ekaterina Jeleva (EkaShri Schools of Yoga)
7:30–7:40 PM	*Bharatanatyam Classical Indian Dance Performance* Khushi Bhatt
7:40–8:00 PM	*Music* Thomas Picard, MD and Betty Picard
8:00 PM	DINNER

DAY 3 ● SUNDAY ● 6 AUGUST 2023 ● "YOGA VEDANTA AYURVEDA FESTIVAL"
Yoga Demonstration, Vedanta Meditations, Ayurveda Consultations & Discussions

Master of Ceremonies: Shobha Nayar

7.30–8.30 AM	BREAKFAST
9:00–9.15 AM	***Pitṛu Puja ● Reminiscence*** Richard Harring ~ Chandrakant and Loknath Varma Frank Jamison ~ Manorama Agerwala ~ Marino Deperalta Om Jolly ~ Shyamala Nair ~ Shyam Lall ~ Sibi Kottaram Sundar Hattangadi ~ Tom Hansen ~ Usha Aswath
9:15–9:30 AM	***Guru Pāda Puja***
9:30–9:45 AM	***Honoring Local Organizers*** Geetha and Krishna Swamy ~ Madhu and Prem Gandhi Nalini Rau and Seshi Murthy ~ Rukma and Vikram Joshi Rupali and Dinesh Pardasani ~ Savita and Ramesh Garg Savitha and Murali Nanjangud ~ Shobha and Gaurav Bhatnagar Susheela Raghavan ~ Tejal and Sanjeev Shah ***Honoring Volunteers*** Aliceshia Aaryaa ~ Ami and Jigishu Bhatt ~ Anitha and Srinivas Dantu Aradhana and Tarun Gupta ~ Asha and Sarve Cherukuri ~ Barbara and Bruce Noble ~ Bimal and Ram Jaglan ~ Betty and Thomas Picard Bharathi Balagam ~ Cybelle Shattuck and Brian Wilson ~ Deepa and Kamal Lohani ~ Diana Wilson ~ Dilip Mandrekar ~ Dipti and Brij Bhargava ~ Doris Elter ~ Durga and Anil Prasad ~ Jyotsna and Damodar Golhar ~ Lois and Allen Thomas ~ Manju Malhotra Mati and Ramesh Patel ~ Matu Stephen ~ Meera Shankar and Hari Shankar Nancy Hayes ~ Ned Goldman ~ Neha and Jayesh Sharma ~ Niraj Patel ~ Pamela Brown Goodacre ~ Prabha and Subhash Ravi ~ Pratima and Akhil Bhatt ~ Rajagopala Sridaran Runali and Avinash Patil Sambhavita and Rajiv Rangrass Saroj and Mahindra Amin ~ Savita and Sharat Joshi ~ Scott Kokx Sheela and Chetan Vyas ~ Sheetal and Snehal Patel ~ Sheetl and Chonni Singh ~ Shreedevi and Umakant Doctor ~ Simi Ganjoo and Rohit Raina ~ Simran and Gurpreet Sahota Sravani and Prashant Polaka ~ Sree Hameed ~ Sridevi and Muralidhar Ghantasala ~ Suzanne and Tom Johnson ~ Swerun and Shri Valvani Tulsi and Balaji ~ Urmil and Hari Bhargava Vihangi and Ravi Singh Vijay and Virendra Sood ~ Vijay Mehta

DAY 3 ● SUNDAY ● 6 AUGUST 2023
"Yoga . Vedanta . Ayurveda Festival"

Day 3 – Contd.

9:30–9:45 AM	***Honoring Vedic and Yoga Guru-s*** Aparna Bapat ~ Aswini and Anil Surpur ~ Ekaterina Jeleva and Shriram Sarvotham ~ Jill and Abel Harman ~ Nidhi and Vivek Shekhar ~ Pradip Sagdeo ~ Prasad Kaipa ~ Venkata Raju ***Honoring Media Development Lead*** Sangeetha Menon ***Honoring a True Friend and Patron*** Kumud and Anil Patel ~ Raman Anantaraman Ron Foster ~ Vashu and Keyur Patel
9:45–10:00 AM	*Looking Forward: Sambodh Roadmap for the Next 25 Years* Advait Chaitanya
Lectures and Pointers	**Yoga . Vedanta . Ayurveda**
10:00–10.30 AM	*Mainstreaming Ayurveda for Holistic, Noninvasive and Quality Health Care* Vaidya Aparna Bapat, BAMS.
10:30–10.50 AM	*Management of Chronic Pain and Different Therapeutic Modalities* Vidhya Gopalakrishnan, Ph.D.
10:50–11.10 AM	*Yoga For the Heart* Shriram Sarvotham, Ph.D.
11.10–11.30 AM	TEA BREAK
11:30–11:50 AM	*Take Back Your Agency — Yoga for Total Health* Ashwini Surpur (Yoga Bharati)

DAY 3 ● SUNDAY ● 6 AUGUST 2023 "Yoga . Vedanta . Ayurveda Festival"	
Day 3 – Contd.	
11:50 AM–12:30 PM	*Allopathy and Public Health — A Critical Review* Venkata Raju, MD. DCh, DNB, MRCP, FAAP
12:30–12:45 PM	*Wellbeing through Ayurveda — A Personal Journey* Doris Elter
12:45–1:30 PM	*Wisdom Based Leadership for World Peace and Shared Prosperity* Prasad Kaipa, Ph.D. (Institute of Indic Wisdom)
1:30–3:00 PM	LUNCH BREAK
3:00–5:30 PM	***Panel Discussion*** Theme: "Convergence and Divergence of Western and Eastern Modalities of Healing and Healthcare and the 'WE' Space" Moderator: Prasad Kaipa, Ph.D. *Allopathy: Merits of Objective, Evidence Based Western Medicine* Venkata Raju, MD ~ Vidhya Gopalakrishnan, Ph.D. Samba Reddy, Ph.D., R.Ph ~ Avinash Jadhav, MD. *Ayurveda: Merits of Subjective, Experience Based Eastern Medicine* Vaidya Aparna Bapat, BAMS. ~ Ashwini Surpur, Ph.D. Shriram Sarvotham, Ph.D.
5:30–6:00 PM	*Indian National Anthem by* Vineeta Bhatnagar
7:00–8:00 PM	*Bhajan by* Advait Chaitanya
8:00 PM	DINNER